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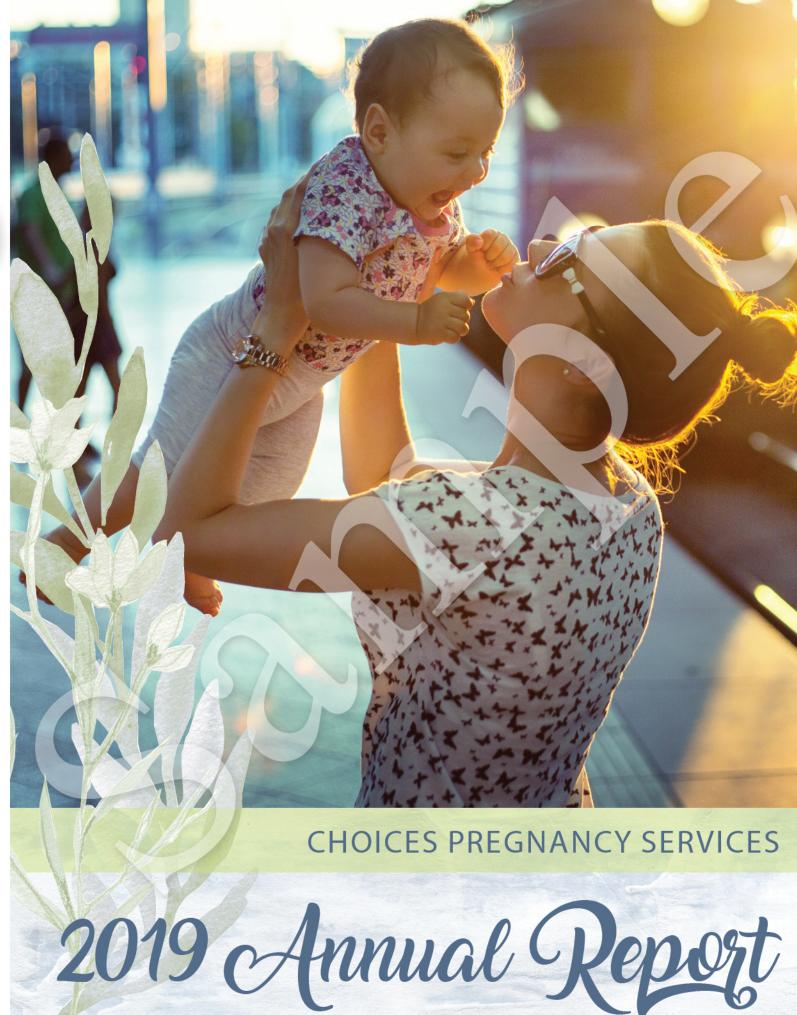


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### From the Desk of the Executive Director

### Dear Friends,

Abortion has been in the news this year, like no other I can remember. Starting with the grievous decision in New York to complex situations going on at once, such lawfully abort a baby – up until birth, with other states falling in step and pushing the from family or a partner, school, and limits. And not only are laws being talked about and passed, they are being done so with cheers and celebrations, making it seem as if it was akin to winning the World Series or Super Bowl.

At Choices we believe that abortion is fundamentally a moral issue that has been politicized but at its heart is not a political issue. The right to life is the most basic of all human rights and is endowed (by our Creator) from the very moment of conception. This is when life begins, and it is backed up by science. When we look at abortion in this way, we can logically reason that whether they occur at 24 weeks or 40 weeks or 6 weeks, all are equally repulsive. The methods vary, but the result is always the same: a person made in God's image dies.

While we may feel outrage about this injustice, the key to making an impact is to turn that outrage into action. We don't have to feel helpless. We can respond in ways that quite literally overcome evil with good.

In our experience, most women who are looking for abortions often have many as lack of support, finances, pressure more. At Choices, we strive to give hope and help to anyone facing an unplanned pregnancy. They may be young, married, single, or already have other children. Our work and calling to serve these women

will continue long after the media coverage and emotions have moved on to another story. One of the things that I love most about our work here at Choices, is to show unconditional love and compassion to each person who walks through our doors. We truly do care for each individual life!

We are calling on individuals and churches to take a firm stand for life. I believe that prayer is the only way that we can truly change hearts. We may not be able to legislate laws, but we can pray for hearts to change, making abortion unthinkable. That is when the abortion clinics will close...when there is no more business.



We could not continue this work without your ongoing partnership and prayers. Rarely a day goes by without our clients telling us how grateful they are for the support they've received. Thank you for making this possible through your compassion and generosity.

In the last ten years in Allegheny County, abortion rates have gone down, and the birth rate has gone up. First time abortions have also decreased - down 25% in the last 8 years. Interestingly much of this coincides with the launching of our first mobile clinic in Pittsburgh in 2010, increased advertising directed toward the abortion minded person, along with many other factors, of course. The fact is more women are choosing life!

Because every life matters,



Keri Muir **Executive Director** 

> "Serve one another in love." Galatians 5:13

# How to Pray

#### **OUR PRAYERS CAN MAKE A DIFFERENCE!**

Sunday: Pray for churches to stand for life and for pastors to lead the way. Pray that they would boldly advocate for life and that they would be full of compassion for those who find themselves in an unplanned pregnancy.

Monday: Pray for Choices. Pray for our staff, volunteers and leadership to have wisdom and renewed strength each day to compassionately share hope and help to those in need. Pray for us to be able to expand our services as God leads.

Tuesday: Pray for the women and men who walk through our doors and call or text for help. Pray for God to speak encouragement to their fearful hearts, and to have the courage to say, "yes to life," for their little ones.

Wednesday: Pray for national pro-life ministries to have wisdom as they continue to defend life.

Thursday: Pray for the fathers of the babies, that God would turn their hearts toward their unborn child and the mother of the baby. Pray that they would have the courage to protect life.

Friday: Pray for the unborn, those without a voice to be safe in their mothers' wombs.

Saturday: Pray for our country's moral climate to change from a culture of death, to a culture of life.

> "Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you." 1 Thessalonians 5:16-18 ESV

### Our Mission and Services

Choices Pregnancy Services is a non-profit, faith-based ministry whose mission is to educate and equip individuals to make informed life choices. We operate medical and support services in Pittsburgh, Coraopolis and Beaver County. We educate the broader community - churches, schools, community events, and through social media - about the sanctity of life.

#### HOW CAN YOU HELP?

#### WE ARE STRONGER TOGETHER.

Serving more than 3,000 patients and students each year, takes all of us doing what we can.

#### OPPORTUNITIES FOR INVOLVEMENT:

- Prayer We face a "spiritual battle" every day. Sign up for our prayer emails to get up to date prayer requests. info@pregnancychoice.org Subject: Prayer email
- Volunteer There are many opportunities to volunteer, from IT help, organizing baby clothing, client advocacy, patient care, etc. Contact info@pregnancychoice.org for more information.
- Financial Partner your generous giving makes it possible to do what we do. There are many ways to invest (become a monthly donor, participate in fundraising events such as the Walk for Life, Annual banquet, Trap Shoot, Corporate giving, and more) www.choices-for-life.org/donate
- Monthly Giving provides Choices with a low cost stream of revenue that sustains our ongoing programs and allows us to lower our overhead expenses. Whether a little or a lot – every gift received makes a big difference!

### YOUR DONATIONS ALLOW US TO PROVIDE THE FOLLOWING SERVICES FREE OF CHARGE:

#### MEDICAL AND SUPPORT SERVICES:

- Private nurse/medical consultation
- Pregnancy testing
- Prenatal vitamins
- Obstetric ultrasound exam
- Decision making tools
- STI testing and treatment for both women and men
- Earn While You Learn mentoring and parenting education

- Diapers for a Year Initiative - providing much needed resources after birth
- · Healing Choices Abortion Recovery Groups
- Real Choices Sexual Risk Avoidance(abstinence)programs presented in middle and high schools
- Spiritual Information (the gospel)
- Physician referrals

### Statistics 2018

Client/Patient visits:	1,727	STD tests:	466
Unique Client/Patients:	921	Gospel shared	552
Pregnancy tests:	617	Said "Yes to Life"	241
Positive	295		
Sonograms:	300		

In the last ten years at least 2,000 babies' lives have been saved with over 1,300 of those babies being born in just the last five years.

# Patients tell us:

"Everyone was straight up and very helpful." Michael

"I appreciated the comfortable atmosphere; the practitioner was very knowledgeable and understanding." - Jennifer

"The staff gave me so much information but didn't make me feel pressured. I saw my baby. It's no longer theoretical. You guys are great!" - Tieri

"The person I met with was very personable. She didn't make me feel ashamed. You were so helpful with answering my questions." - Lauren

"When I saw my baby on the ultrasound, I totally changed my mind. It became real. My baby is here today because of Choices." Sabrina

"It was a scary situation, but the information I received was so helpful. Thanks!" - Jasmine

99% of our patients give Choices an "Excellent" rating and express that they would tell their friends to come to us.

### **Finances**

#### **EXPENSES:**

At Choices we strive to make the most of every dollar that is donated. Careful stewardship results in only 13% of total income being spent on overhead expenses. 87% of your gifts go to directly to serving individuals in our care.

General Administrative 5% Program/Services 87%



#### INCOME:

Choices receives no government funding, making each one of our community partners so special to us. You are crucial in ensuring that all our services are given at no cost to our clients. We are deeply grateful for your generosity.

General 5% Individuals 15%

Fundraising 68%

