

Many women experience denial about the emotional and physical aftermath of an abortion.

It is common among women to seek out other reasons for these symptoms, causing further damage to their personal relationships and emotional health.

Get the facts so you can begin healing.



Abortion

SAMPLE

regret

scared

lost???

confused?

? angry
torn

Could explain your
FEELINGS

You made the decision that you thought was best. But now it seems to be hurting you more than you ever thought possible, and causing unexplained emotions and hardships.

Abortion effects everyone differently. If you are experiencing any of the following, you are not alone.

- Emotional deadening
- Increased tendency toward anger or rage
- Feelings of loneliness or isolation
- Lower self-confidence than usual
- Suffering from insomnia or nightmares
- Greater difficulty in maintaining or developing relationships
- Increased or beginning use of drugs or alcohol
- Eating disorders (binge eating, anorexia, or bulimia)

Begin the healing process and let us support you through this difficult time...

There is hope.

Many of our staff have been through similar experiences and have helped many women like you.